

# 10

## PRINCIPLES TO YOUR SACRED · SEXUAL · AWAKENING

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**FOR DEEPER INTIMACY, MORE PLEASURE  
AND CLOSER CONNECTION.**

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• By Shaft Uddin •

THE  
**10**  
PRINCIPLES  
TO YOUR  
SACRED SEXUAL  
AWAKENING.

My life purpose is to *“Find World Peace Through Intimacy”* and after years of living and studying (and spending a fortune on education where I could have bought another house in London), I have come up with the *10 Principles to Your Sacred Sexual Awakening*.

This is everything I've learned along the way through trial and error and living and breathing tantra in communities around the world. Each principle comes with a story but that's another book altogether. I hope this inspires you.

1

BECOME  
FREE

**LET GO OF SOCIETIES' CONDITIONING  
AND BE YOURSELF. WHEN YOU START  
SHINING, OTHERS WILL SHINE AROUND  
YOU. EMBODY THE GODDESS/GOD YOU  
WERE BORN TO BE.**

# 2

YOU ARE  
LOVE

**SHARE LOVE FREELY AS THIS COMES FROM SELF-LOVE. THE MORE YOU LOVE YOURSELF THE MORE LOVE YOU CAN GIVE TO OTHERS. CURE ADDICTIONS WITH HUMAN CONNECTION. HEAL LONELINESS BY FINDING THE ONE: OURSELVES.**

# 3

FEEL  
PASSION

**FOLLOW YOUR PASSION AND FEEL ALIVE EVERYDAY. FIND YOUR PURPOSE AND START BEING IN SERVICE TO OUR PLANET WITH YOUR UNIQUE GIFTS.**

# 4

## PRACTICE PRESENCE

**STOP LIVING IN THE PAST  
(DEPRESSION) AND WORRYING ABOUT  
THE FUTURE (ANXIETY) BY BEING  
FULLY PRESENT IN THIS MOMENT.  
FIND INNER PEACE EVERYDAY AND  
KNOW THAT YOU ARE ENOUGH.**

# 5

## FIND PEACE

**FIND WORLD PEACE THROUGH  
INTIMACY. NO MORE BLAMING AND  
SHAMING BETWEEN MEN AND WOMEN,  
BUT TRANSPARENT COMMUNICATION,  
AUTHENTICITY, SHARED  
VULNERABILITY AND CO-CREATION.**

# 6

## FULLY SURRENDER

**LISTEN TO YOUR BODY, LET IT BE  
YOUR COMPASS AND SURRENDER.  
CONNECT WITH THE HEAD, HEART,  
SEX AND SPIRIT WHEN MAKING A  
DECISION FOR A FULL YES TO LIFE.**

# 7

## BECOME EMBODIED

**YOU ONLY HAVE ONE BODY; LEARN TO  
WORSHIP THIS ALIVE TEMPLE. LOVE  
YOUR BODY EVERYDAY AND UNLOCK  
ITS INFINITE POTENTIAL.  
ALL ANSWERS LIE WITHIN.**

# 8

## BELIEVE IN YOURSELF

**WHATEVER YOU BELIEVE COMES TRUE. START TO BELIEVE IN YOURSELF AND BECOME THE GODDESS/GOD OF YOUR OWN REALITY. BE INSPIRED BY OTHERS AND CREATE YOUR OWN BADASS BELIEF SYSTEM.**

# 9

## FEEL ABUNDANCE

**NATURE IS ABUNDANT AND WE ARE NATURE. INSTEAD OF CHASING THE FEELING OF NOT HAVING ENOUGH, BECOME THAT FEELING OF BEING ENOUGH. SHARE YOUR GIFTS AND HELP OTHERS BUT MAKE SURE YOU HELP YOURSELF FIRST.**

# 10

## THRIVE IN YOUR ENVIRONMENT

**LEARN TO THRIVE RATHER THAN SURVIVE IN A COMMUNITY THAT LOVES AND SUPPORTS YOU AND IS ALIGNED TO YOUR BELIEFS. THERE'S AN OLD UNICORN PROVERB:**

“

FABULOUSNESS  
ATTRACTS  
FABULOUSNESS.

”

# Q

## WHAT HAPPENS NEXT?

**A.** If you are looking for more passion and purpose I'd love to hear from you, lets book in a time for us to connect.

I've helped scores of clients to become their true Sacred Sexual Badass selves. Pleasure and abundance is our birthright and I'm here to support you in owning yours.

### HERE'S HOW TO GET STARTED RIGHT NOW:

If you're ready to get hands on, schedule a FREE 10 minutes *Sacred Sexual Awakening* Session with myself or someone on my team.

We'll see where you are in your life today and what obstacles and challenges are in the way so you can step into your Multi Orgasmic Sacred Sexual Badass self and inspiring others along the way.

If you're ready to deep dive into unlocking your human potential and aligning your head, heart, sex and spirit for a full yes to life, lets chat and connect today.

**BOOK A YONI MESSAGE SESSION OR 1 TO 1 COACHING WITH SHAFT:** [www.sacredsexualawakening.com](http://www.sacredsexualawakening.com)

### OR SIGN UP TO MY ONLINE COURSE:

[www.instantsexgod.com](http://www.instantsexgod.com)

### ONLYFANS:

[www.onlyfans.com/th shaftshow](http://www.onlyfans.com/th shaftshow)

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AWAKENING

ACTIVATE THE GOD/DESS WITHIN



• FINDING WORLD PEACE THROUGH INTIMACY •

[www.sacredsexualawakening.com](http://www.sacredsexualawakening.com)

• Thank You •